

Frequency: 10 daily
Intensity: Black images on white 11" by 11" posterboard
Duration: 5 to 10 seconds
Content: 1 to 3 Bit of Intelligence cards

Environment: A well-lit room with extra light shining on the Bit of Intelligence cards as they are shown.

Technique: Each of these Bit of Intelligence cards is a simple, large, black image mounted on a white posterboard card. We commonly use a square, circle, triangle, star, banana, foot, hand, cup, spoon, fish, cat, tree, elephant, window, eye, mouth, butterfly, bird, flower, scissors, and spider. (see Figure 12.6).

Week #1 to Week #3

Start with the "square" because it is one of the simplest images. Use this same card for the entire day. Cradle your baby gently in your arms or place him in a comfortable position on his back on a bed or on the floor. Hold the card 12" to 18" from his face and say, "square." Now wait and give him time to find the card. This may take several seconds. When he finds the card repeat in a loud, clear voice, "square."

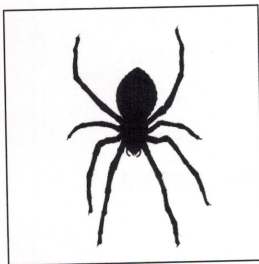
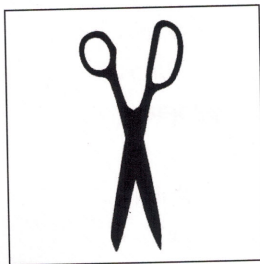
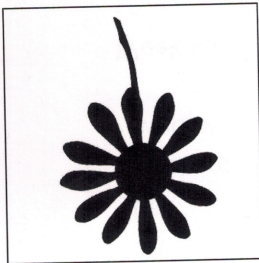
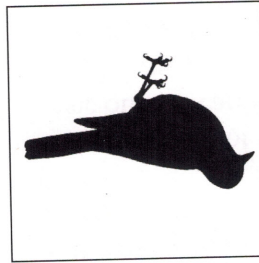
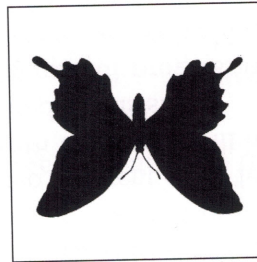
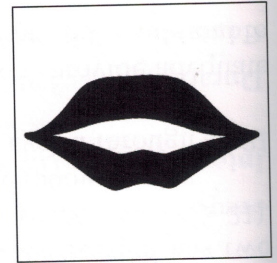


Figure 12.6.
 Basic outline "Bit"
 cards enhance and
 grow the baby's
 visual pathway.